

3-Day Food Diary

Please list everything your child eats or drinks (inclu	uding tube-feeds) :	for three days:
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Example:

Day 1

8am:

Formula – 4 oz.

10am: Graham crackers – 2 bites

Baby Food (bananas) – 4 oz. jar

Juice $-2 \frac{1}{2}$ oz.

12pm:

Water - 5 oz.

Macaroni and Cheese - 4 hites

<u> </u>	Macaroni and Cheese – 4 ones	
Date:	Date:	
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